

An Affirmation From a Former Patient

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I unconditionally receive this implant as the seed for my new intestinal microbiome.

I am here, today, because I believe in my unlimited potential and I am ready to achieve vast gains in health.

I trust my new microbes to lead the redevelopment of my immune system, to act respectfully toward my body's cells, and to act aggressively only toward those that would do me harm.

I acknowledge that there is only a semantic distinction between the microbes and me; I depend on them for digestion and immunity, and they depend on me for mobility and nourishment.

I will feed my new microbes only the highest quality food because that is what we deserve. I will intuitively honor their feedback and, in turn, they will help support my goals.

Together, we comprise one whole being, mutually striving for health, happiness, and vitality.

I am grateful to the sample donor who shared part of him or herself so that I can become whole.

I am grateful to the lab staff who carefully prepared this sample to maximize its strength and viability.

I am grateful to the Taymount Clinic for rising above the taboo of fecal microbiota transplantation, and for their ongoing research and leadership in the field.

I am grateful to the practitioners who compassionately administered the implant with skill and grace.

I have the courage to be here today, receiving this transplant, and I will carry my courage far beyond the walls of this clinic.

Today and all of my days hereafter, I will use the gift of this therapy to live an extraordinary life, to take positive action, and to share my gifts with others.

In Good Health,

Ethan